

“Tips for New and Expectant Parents”

Easy-to-Read Book Perfect for Connecting on Vacation

Westwood, New Jersey (MARCH 2008) One of this year’s hot new book that hotels and inns are including in their getaway packages for new and expectant parents is **Tracey Serebin’s** insightful guide “*101 Questions for Expectant Parents*”. It’s now available at amazon.com and recommended by babymoonfinder.com and bnbfinder.com

Historic inn owner **Lynne Fairfield (Inn on Charlotte, St. Augustine, Florida)** says: “*It’s a wonderful addition to our Babymoon Package. When I read through Tracey’s book, I couldn’t help but think what a great guide it was for couples to get an insight into how their lives will change and the subtle adjustments they can make to strengthen their relationship and grow as a loving family with their “new arrival”.*

“101 Questions for Expectant Parents” ***Preserving Your Relationship Through the Transition*** *by Tracey Serebin*

The transition from being a couple to raising a child brings with it adjustments that regular parenting book simply don’t cover. While couples prepare for their baby’s birth they don’t really prepare for how this birth will affect their relationship.

Is your relationship ready for the changes that will take place once your baby arrives?

Tracey Serebin is the mother of a toddler. Before she and her husband had their son, they were used to just “going and doing.” When she became pregnant, all the book, as well as friends and family told her how life would change: sleep deprivation, spending more time at home and career adjustments. No one mentioned how the strong relationship with her husband would be altered.

As a family communication specialist for more than 15 years, she has written a book – 101 Questions for Expectant Parents – to be used as a “talking tool” – to help other preserve their relationship and prevent misunderstandings during the difficult transition from being a couple to becoming new parents.

A Babymoon is the Perfect Opportunity for a couple to work with this book. While away being pampered, relaxing and reconnecting, a couple can spend quality time discussing how to handle the adjustments that will occur, and how to parent together.

“101 Questions for Expectant Parents”

Cost: \$10/plus shipping

AVAILABLE AT amazon.com